



# THE HOLE TOOTH

(and nothing but the tooth)



MARCH 2010

## Everyone IS A Winner During Our Easter Celebration



We got a call late last month from the Easter Bunny asking if we could help him out. Turns out that the challenges of hiding eggs at the various Easter Egg Hunts around town are becoming a huge challenge for him. He asked if we'd forgot our usual annual Easter Egg Hunt and instead, he'd bring us enough Easter Eggs for all the children who come into the practice April!

So, when you get to come in for your appointment in April all children under 13 will get an Easter Egg So hop on in during April, we've given the Easter Bunny a little break and you won't have to go scrounging around in the car park for your Easter Eggs, they'll arrive at here for you! But, You HAVE to come for an appointment and see us before **April 30, 2011**, that's when he's coming to pick up any leftover eggs! Don't Delay!!

Call 01424 0730827 and book the appointment now!



Thanks to all the loyal patients who have referred us new patients. It keeps us in business and we appreciate it. Thanks for your support and trust.

"... the only time you ever have in which to learn anything or see anything or feel anything, or express any feeling or emotion, or respond to an event, or grow, or heal, is this moment, because this is the only moment any of us ever gets. You're only here now; you're only alive in this moment." -- Jon Kabat-Zinn

## You could be the Winner of a FREE meal for two at local restaurant

### WHERE IN THE WORLD?



The first **5** people to **BRING IN THIS NEWSLETTER** and tell us the correct answer to what country this is in wins a **FREE** meal for two at a local restaurant.

# APRIL HOROSCOPE STAR FORECAST

## April Horoscope Stars for Aries



March 20-April 19

Ruled by Mars

Gemstone: Red Coral

Lucky Day: Tuesday

Lucky Number: 9

Celebrity Ariens: Ewan McGregor, Keira Knightly, Russell Crowe, Kate Hudson, Vince Vaughn, and Reese Witherspoon

Your Horoscope: Time to let go of your anger and to find a new way of dealing with people. This month is a time in which you cool down and find that you achieve more by simply being diplomatic. It is also a time when you also find more time to simply be you and can relax for a while. Let's face it, it has been a tough time for too long. Now is the time to start enjoying a loving relationship ..... **And flossing!**

## April Horoscope Stars for Taurus



April 20-May 20

Rules by Venus

Gemstone: Diamond

Lucky Day: Friday

Lucky Number: 6

Celebrity Taureans: George Clooney, Penelope Cruz, David Beckham, Carmen Electra and Enrique Iglesias

Your Horoscope: A truthful approach to life will eventually achieve more than lies. You need to be honest with yourself and others - particularly where relationships are concerned. Stop fooling yourself and fooling other and be more truthful this month. April is a time of new beginnings so make a start with honesty in all you do. Try it.. and the good fortune will come your way.

## Children's Corner



### Do you know all about April 1?

Yes, I'm fooly aware of it!

### Knock, knock!

Who's there?

Noah.

Noah who?

Noah fooling this time . . . it's really me!

### What's the best day for monkey business?

The first of Ape-ril!

## St Georges Day



St. George is the patron saint of England.

His emblem, a red cross on a white background, is the flag of England, and part of the British flag.

St George's emblem was adopted by Richard The Lion Heart and brought to England in the 12th century.

The king's soldiers wore it on their tunics to avoid confusion in battle.

By tradition, 23 April is the day for a red rose in the button hole, the national flower.

### Interesting Facts

Despite the fact that St. George has been the patron saint of England since the 14th century, only one in five people know that St. George's Day falls on 23 April.

More than a quarter of people living in England do not even know who their patron saint is!

Shakespeare was born on 23 April 1564 and he died on the same day in 1616.

# The Royal Wedding



Start planning now for the most perfect of royal wedding parties. There will be celebrations of this royal wedding around the globe for at least 24 hours.

Menu ideas for hosting your very own Royal Wedding Party.

Breakfast/[brunch](#): eggs poached in champagne served on English muffins, kippers, scrambled eggs with grilled lamb kidney, eggs au gratin, toast fingers with English marmalade, fruit salad with Devon cream.

2. Luncheon: Russian salad, potato salad, asparagus chantilly, smoked Scotch salmon and Cornish lobster, pheasant pie, chicken in aspic, vanilla cream parfait, cheese tray, fresh fruit.

3. Tea: cucumber and watercress sandwiches, ham and tongue sandwiches, scones, currant buns, almond tarts, Albert tarts, mincemeat puffs, lemon curd sponge.

Dinner: 'Dinner at Buckingham Palace' describes an April menu from Queen Victoria's era that includes spring soup, crimped salmon with parsley sauce, lamb cutlets, guinea fowl, broccoli, spinach, pear flan and cherry jelly. And, those are only half the choices.

It is important to complement the food with appropriate beverages, from Malvern water to Veuve Clicquot champagne to a spot of sherry with tea!

## DENTAL GARDENING

### SHRUBS and TREES

- There still is time to plant trees and shrubs. However, by mid month it will be a little late to transplant large trees or shrubs, so do them now.
- The months of March, April and May are ideal for pruning evergreens. So if you have a Juniper, Cypress or conifer that need shearing or pruning this is a good time to accomplish this task. Remove all dead, diseased, and undesirable wood. However, do not prune back into the bare wood part of the plant.
- Prune your Forsythia after it finishes flowering.

**Broadleaf and needle leaf evergreens benefit most from lightly spreading a high nitrogen fertilizer around their bases.**

### PERENNIALS, ANNUALS and BULBS

- April is the month for planting summer flowering bulbs like dahlias, gladiolas and lilies. Mix bulb fertilizer, processed manure and peat moss into the planting soil. Tuberous Begonias and Canna should not be set outdoors until all danger of frost has passed, so wait until next month.
- Plant annual seeds of asters, cosmos, marigolds, zinnias in the garden.
- When all frost danger has passed you can move your stored fuchsias and geraniums outdoors. Trim them back, feed and re-pot if necessary. Water them well.
- When they have finished blooming, you should deadhead your spring flowering bulbs. Do not cut off the green foliage yet! These green leaves continue to grow for a few weeks, and provide the bulb with food for flowering next year.
- Divide perennials like Daylilies, Delphiniums, iris, chrysanthemums, Daisies, and Phlox. The additional plants you create can be traded or given to friends, or moved to a new area of the garden.
- Plant new rosebushes before growth starts and buds swell.

# April Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 April Fools ! Retha's Birthday	2
3 Mothering Sun- day	4	5	6	7	8	9
10	11	12	13	14	15	16
17 Palm Sunday	18	19	20	21 Maundy Thurs- day Queen Elizabeth birthday	22 Good Friday	23 St Georges Day
24	25 Easter Monday	26	27	28	29 Royal Wedding	30